

HEART DISEASE *Awareness*

FOR WOMEN

HEART DISEASE is a term that refers to several types of heart conditions including coronary artery disease (CAD) and myocardial infarctions (MIs). MIs, also known as heart attacks, can strike at any time and often come with little warning.

Symptoms of Heart Disease



DID YOU KNOW?



WOMEN EXPERIENCE MILDER SYMPTOMS

Women often do not get the classic heart attack symptoms, but rather experience **MILDER OR EVEN SILENT SYMPTOMS** that are said to resemble the flu.²



HEART DISEASE OFTEN STRIKES WOMEN

AFTER MENOPAUSE

Heart disease often strikes women after menopause, **AVERAGE AGE OF 70**, due to a significant drop in estrogen.



IN MORTALITY OF WOMEN, HEART DISEASE IS

THE LEADING CAUSE

Heart disease is the leading cause of death for women in the U.S. taking the lives of about **ONE IN EVERY FIVE FEMALES**.¹



veradigm™

1. <https://www.cdc.gov/heartdisease/women.htm>

2. <https://www.webmd.com/heart-disease/features/womens-heart-attack-symptoms#1>